





# PROGRAMME BROCHURE

DEVELOPING LIFE SKILLS AND  
LEADERSHIP THROUGH FOOTBALL

Barclays Game On is designed to support secondary schools to engage girls in curriculum physical education through a life skills approach, using football as the vehicle. The curriculum training is complimented by peer leadership training for girls' football activators who will be given the tools to deliver extra-curricular opportunities for their peers.

## PROGRAMME AIMS:

- ◆ Improve the PE experience for girls through teachers adopting a life skills approach to PE using football as the vehicle.
- ◆ Increase the number of girls participating and enjoying football related activities.
- ◆ Develop girls in leadership roles as Football Activators to create and deliver relevant and enjoyable opportunities for more girls in their school.
- ◆ Support girls to transition into community football opportunities.

# WHAT IS BARCLAYS GAME ON?

## GO TEACH

Support teachers to engage girls in curriculum PE through a life skills approach, using football as the vehicle.

### Benefits:

- Virtual and flexible teacher training.
- Resources to support and accelerate the lesson planning process.
- Equipment worth over £100 to support curriculum delivery.
- Identify and develop life skills and support girls to be empowered to lead football-related activity for others.
- Build teachers' confidence and competence in delivering football as part of a broad curriculum for girls.
- Increase adolescent girls' self-esteem, confidence and engagement in PE through football related activities.

**Girls' football embedded on the curriculum, developing girl's life skills through PE? Building profile and interest in girls' football across the school? Access Barclays Game On - GO Lead!**

## GO LEAD

Empowering girls to deliver football activity to their peers.

We know that girls often lack the confidence to take on leadership roles, particularly in football. We also know that girls enjoy taking part in sessions designed for them, by them. Barclays Game On - GO Lead will provide schools with three key outcomes:

1. Empower girls to design, create and deliver football activities to their peers to engage new and different girls.
2. Support girls to become activators, to understand what leadership is, and to articulate and apply the skills they have developed.
3. Provide girls with training, resources and kit to support them in their activator roles.

## GO PLAY

Get access to a free resource pack to support schools to set up extra-curricular football offer for girls in key stage 3. All of the activities, games and practises in the pack have been designed specifically to engage girls aged 12-14.



# GO TEACH

The training will explore how teachers can engage girls in curriculum physical education through football, identify and develop life skills and support girls to be empowered to lead football-related activity for others.

*“Never underestimate the impact teachers do have on us”*

Fara Williams MBE, Lioness Legend and England’s most capped player.

## WHY SHOULD TEACHERS TAKE UP THIS FREE OPPORTUNITY?

- ◆ Develop a new approach to delivering PE with a life skills focus.
- ◆ Increase adolescent girls’ self-esteem, confidence and engagement in PE through football related activities.
- ◆ Access resource cards to support and accelerate the planning process – both online and hard copies.
- ◆ View digital assets and videos to bring the activities to life after the training.
- ◆ Equipment pack including Nike footballs, Barclays Game On bibs, cones and flat disc markers worth over £100.
- ◆ Support from your Barclays Girls’ Football School Partnerships by England Football lead to embed developing life skills for key stage 3 girls through football in your school curriculum.

# TRAINING STRUCTURE:

**Barclays Game On - GO Teach national training is a virtual programme offering opportunities to be trained across the 2023-2024 academic year. The programme consists of two parts:**

1. Warm-up - a short, pre-recorded video to introduce you to Barclays Game On and how to maximise your training experience.
2. Kick-Off - a two hour live interactive webinar bringing Barclays Game On to life.

Barclays Game On - GO Teach is supported with a digital package of resources and toolkits available through the Barclays Girls Football in Schools website. [www.girlsfootballinschools.org](http://www.girlsfootballinschools.org)





# GO LEAD

## WHAT?

Barclays Game On - GO Lead provides training to girls in Key Stage 3 to design, create and deliver football opportunities for their peers. Girls' football activators can follow one of two leadership pathways: marketing or delivery. As a group of activators they will be tasked with delivering an extra-curricular opportunity for their peers to experience and enjoy football.

## WHY?

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## HOW?

Barclays Game On - GO Lead has three core elements: Inspire, Develop and Reflect. All three elements are available for schools to access virtually in 2023/24.

# INSPIRE

Live virtual launch event to inspire your activators and kick-off the programme. The girls will hear from inspirational speakers and engage in fun activities as they start their leadership journey.

# DEVELOP

A series of pre-recorded video workshops to take your activators through marketer or deliverer training. Each workshop will have a video, interactive tasks to complete and key outcomes to support the girls in planning their football delivery. Schools will get access to the videos and resources to take the girls through the content via a dedicated page on the Girls Football in Schools website.

# REFLECT

At the end of the training your girls' football activators will complete a reflection session to consolidate their learning, discuss ideas and action plan their next steps.



# HOW DO I GET INVOLVED

Everything you need to know about Barclays Game On is available on the girls football in schools website - check it out!

